

# FAMILY CAREGIVER TRAINING

A facilitation provided by:

*The National Family Caregiver Support Program*

a program of the:



“A Family Caregiving Module”

in partnership with the:



## ~ TRAINING INFORMATION ~

DATE: **Wed., Jan. 5, 2011** ❖ TIME: **10:00 a.m. ~ 11:30 a.m.**

LOCATION: **AREA AGENCY ON AGING**

ADDRESS: **2910 Leopard Street; Corpus Christi, Texas**

PHONE: **(361) 883-3935** ❖ **1-800-817-5743**



*“CARING FOR A LOVED ONE WITH ALZHEIMER’S OR RELATED DEMENTIA”*



- ◆ Facts about Dementia
- ◆ Learn to recognize & manage the disease
- ◆ Resources for family caregivers



*For additional information contact:*

**FELIPA LOPEZ WILMOT**

*Caregiver Program Specialist*

**(361) 883-3935 ext - 262 or 1-800-817-5743**

***felipa@cbcoaaa.org***

The Area Agency on Aging  
is a program of the:



**COASTAL BEND  
COUNCIL OF  
GOVERNMENTS**

funded in part by the:

*Texas Department of Aging and Disability Services*

# JANUARY 2011 EVENTS

You are not alone ... Please join us at one of the following sessions

## Family Caregiver Support Groups

### ~ ALZHEIMER'S ~

**WHEN:** Tuesday, January 4th

**TIME:** 6:00 p.m.

**WHERE:** Y.W.C.A.

**ADDRESS:** 4601 Corona Drive; Corpus Christi

**PHONE:** (361) 857-5661

**WHEN:** Thursday, January 20th

**TIME:** 10:30 a.m.

**WHERE:** Lexington Place Nursing & Rehab

**ADDRESS:** 1661 West Yoakum; Aransas Pass

**PHONE:** (361) 758-7686

### ~ GRANDPARENTS RAISING GRANDCHILDREN ~

**WHAT:** Grand Parenting Classes

**WHEN:** Tuesday's ~ January 4th, 11th & 25th

**TIME:** 10:00 a.m. — 11:00 a.m.

**WHERE:** Greenwood Senior Center

**ADDRESS:** 4040 Greenwood Dr.; Corpus Christi

**PHONE:** (361) 826-1368

**WHEN:** Thursday, January 20th

**TIME:** 6:00 p.m. — 7:00 p.m.

**WHERE:** Northwest Branch Library

**ADDRESS:** 3202 McKinzie Rd.; Corpus Christi

**PHONE:** (361) 558-3536

**CONTACT:** Margaret or Joey Mitchell

### ~ BILINGUAL ~

**WHEN:** Thursday, January 27th

**TIME:** 2:00 p.m. — 3:00 p.m.

**WHERE:** Area Agency on Aging of the Coastal Bend

**ADDRESS:** 2910 Leopard St.; Corpus Christi

**PHONE:** (361) 883-3935

*For additional information contact:*

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# ~ AN INVITATION ~

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TOPIC: **Trauma Informed Care**

WHEN: Tuesday, January 18, 2011

TIME: 9:00 a.m. ~ 12:00 Noon

WHERE: Area Agency on Aging  
2910 Leopard St; Corpus Christi, TX

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**FOR ADDITIONAL  
INFORMATION CONTACT:**

**FELIPA LOPEZ WILMOT**  
*Caregiver Program Specialist*

**(361) 883-3935 ext - 262  
or 1-800-817-5743**

***felipa@cbcogaaa.org***

- ◆ Has your grandchild or grandchildren experienced some kind of 'trauma' prior to living with you?
- ◆ Is your grandchild or grandchildren having (more than usual) bouts of tantrums, hitting, scratching, disrespect to authority or begun destroying things?
- ◆ Is your grandchild or grandchildren 'acting out' for negative attention?
- ◆ Are you having difficulty understanding your grandchild's or grandchildren problematic behavior?
- ◆ Have you heard about 'Childhood Traumatic Stress'?

If you answered "YES" to any of the above questions, please attend the 'Trauma Informed Care Class'. This 3 hour class (free of charge) will help you deal with difficult behaviors your grandchild or grandchildren is experiencing.

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